

MBTI for Leadership and Team Effectiveness

Understand Self and Others Using MBTI (Myers Briggs Type Indicator)

Length: 1 Day

Course Description: Participants will be able to identify their own and others' preferred styles, accept and appreciate differences, and communicate more effectively with teammates.

COURSE CONTENT

I. Personality Type

- Personality definition
- Your Unique Personality
- Proper Use of MBTI
- Four Elements of Behavior
- Personality Types
- 16 Personality Types at Work
- Your Team MBTI profile
- Characteristics of Type

II. Communicating with Other Types

- Extraversion/ Introversion Exercise
- Sensing Intuition: an Experiment
- Zig-Zag Method of Problem Solving Exercise
- Judging Perceiving Exercise
- Style Differences at Work

III. Impact of Type on Leadership Behavior

- Types in Leadership Role
- Reflections on Leadership Style Exercise
- Giving and receiving effective feedback
- Communicating with Type in mind Exercise I, Positive Feedback
- Communicating with Type in mind Exercise II, Developmental Feedback
- The Four Temperaments

IV. Impact of Type and Temperament in Teams

- Appreciate your team mates
- Talking with people of various Types
- An Exercise about Differences in Providing Direction
- Implementation Actions
- Leadership Development Action Planning
- People need Opposite Types
- Closing Thoughts
- Individual Reflection: Getting Along – Words of Encouragement (DVD Presentation)